

LearningforLife
AUTISM CENTRE INC

SUPPORT FOR AUTISTIC AND OTHER NEURODIVERGENT CHILDREN AGES 2 - 18

We support the ndis

9853 4607 enquiries@learningforlife.com.au

www.learningforlife.com.au

LearningforLife
AUTISM CENTRE INC

- **Learning support for autistic and other neurodivergent children**
- **Evidence-based, individualised, child-led support**
- **Specialist expertise in behaviour support, including psychologists, behaviour analysts, and specialist teachers.**
- **NDIS registered**

25-27 High Street South
Kew, VIC 3101

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Who is L4Life?

L4Life is a not-for-profit charity providing evidence-based, individualised behavioural supports and therapy for autistic and neurodivergent children aged 2–18.

Our child-led approach meets children where they are, delivering services where they're needed most — at home, at school, or in the community.

We partner with families, educators, and support networks to create environments where every child can thrive.

Our services include:

EARLY INTERVENTION | SCHOOL AGE CONSULTANCY | SOCIAL SKILLS ASSESSMENT | POSITIVE BEHAVIOUR SUPPORTS
INCLUSION WORKS (SCHOOL INCLUSIVITY PROGRAM)

Based in Kew, we service specific local government areas within Greater Melbourne.

We are a registered NDIS provider.

NDIS funding | Fee-for-service | Medicare

www.learningforlife.com.au/about



All L4Life Clinical Consultants are Registered Behaviour Practitioners

Early Intervention

for 2 year olds - school age children with autism/developmental delays

Supporting children with autism or developmental delays to develop new skills in a nurturing, playful, strength-based environment that honours the child's interests and learning preferences.

We provide personalised Early Intervention programs tailored to the specific needs of your child, using the principles of evidence-based behavioural sciences. These programs take place in your child's natural learning environments, including home, childcare, preschool, or at our Centre.

A personalised therapy program tailored to your child's unique preferences and goals, incorporating elements such as:

- Skill-building in areas like language development, play and social skills, daily living skills, communication, school readiness, and learning-to-learn skills
- Developing and implementing behaviour support plans
- Creating individualised learning plans
- Providing ongoing training for parents and staff in schools, kindergartens, and childcare settings - both broadly and for specific needs (eg. toilet training)
- Collaborating with allied health professionals
- Supporting community participation(eg. attending swimming lessons or park visits)
- Assisting with NDIS access and plan management
- Helping to select an educational placement and secure associated funding



Social Skills for school-age children

Learning for Life Autism Centre provides small group social skills programs for school-age children (6-12 years old) to help them in developing friendships, navigating social challenges, and building skills around emotion regulation.

Both programs are suitable for autistic and other neurodivergent children, or any child who requires support with emotion regulation and social skills. Children work in small groups under the guidance of our Clinical Consultants.

We now offer two Social Skills Programs:

- Social Skills for 6-9 year olds
- Secret Agent Society for 8 - 12 year olds

No diagnosis needed.

Your child will work through how to:

- recognise emotions in themselves and others
- express feelings in appropriate ways
- start, continue and end conversations and play activities with others
- cope with feelings of anger and anxiety
- tell the difference between friendly joking and mean teasing
- manage bullying
- cope with making mistakes
- handle new situations and ask for help when needed

www.learningforlife.com.au/social-skills



Positive Behaviour Support

Positive Behaviour Support (also known as Specialist Behaviour Support) is designed to help understand and reduce behaviours of concern and eliminate the use of restrictive practices. Its premise is that every behaviour serves a purpose and by understanding the reason behind the behaviour (or what the child may be trying to communicate or achieve through the behaviour), strategies can be implemented to meet the underlying needs, and therefore decrease a child's reliance on the concerning behaviours to have their needs met.

Our Behaviour Support Practitioners work with families and carers to:

- develop behaviour support plans tailored to a child's individual needs
- provide training to assist in implementing the plan to ensure effective and consistent behaviour management strategies

Experienced practitioners registered with NDIS

L4Life's Behaviour Support Practitioners comprise experienced Psychologists and Board Certified Behaviour Analysts (BCBAs), each of whom are registered as approved practitioners with the NDIS Commission.

Our practitioners take a human rights approach to increasing your child's quality of life.

www.learningforlife.com.au/positive-behaviour-support



School-Age Consultancy

For the primary and high school years

Our School-Age Consultancy (SAC) is a program designed to support students through the primary and high school years of their education. The service utilises evidence-based behavioural strategies to support children who are experiencing difficulties at school. These may include issues with social interaction, inattention, coping in the playground, tolerance, independent completion of work and behaviours of concern.

This is an individualised program working with the child according to their individual needs and challenges. We work with parents and school staff to implement strategies to support the child within their educational environment and, when appropriate, at home and in their community.

How our School-Age Consultancy Works

Upon enrolment in the service, one of our experienced clinical consultants will conduct an initial 30-minute phone or video call with the child's parent or guardian, followed by 2 hours of consultation and/or observations at the child's school or home. Following this, the family is given a report outlining the consultant's recommendations, including recommendations for ongoing support if required.

Puzzles & Games

Feelings

Look at the picture and tick the correct feeling



o Confused o Sad



o Angry o Surprised



o Anxious o Surprised



o Happy o Angry



o Tired o Confused



o Sad o Curious



o Confused o Sad



o Scared o Angry



o Happy o Sad

Draw Feelings

Read the text and draw the facial expression



HAPPY

SAD

ANGRY

CONFUSED

SLEEPY

SURPRISED

SICK

EXCITED

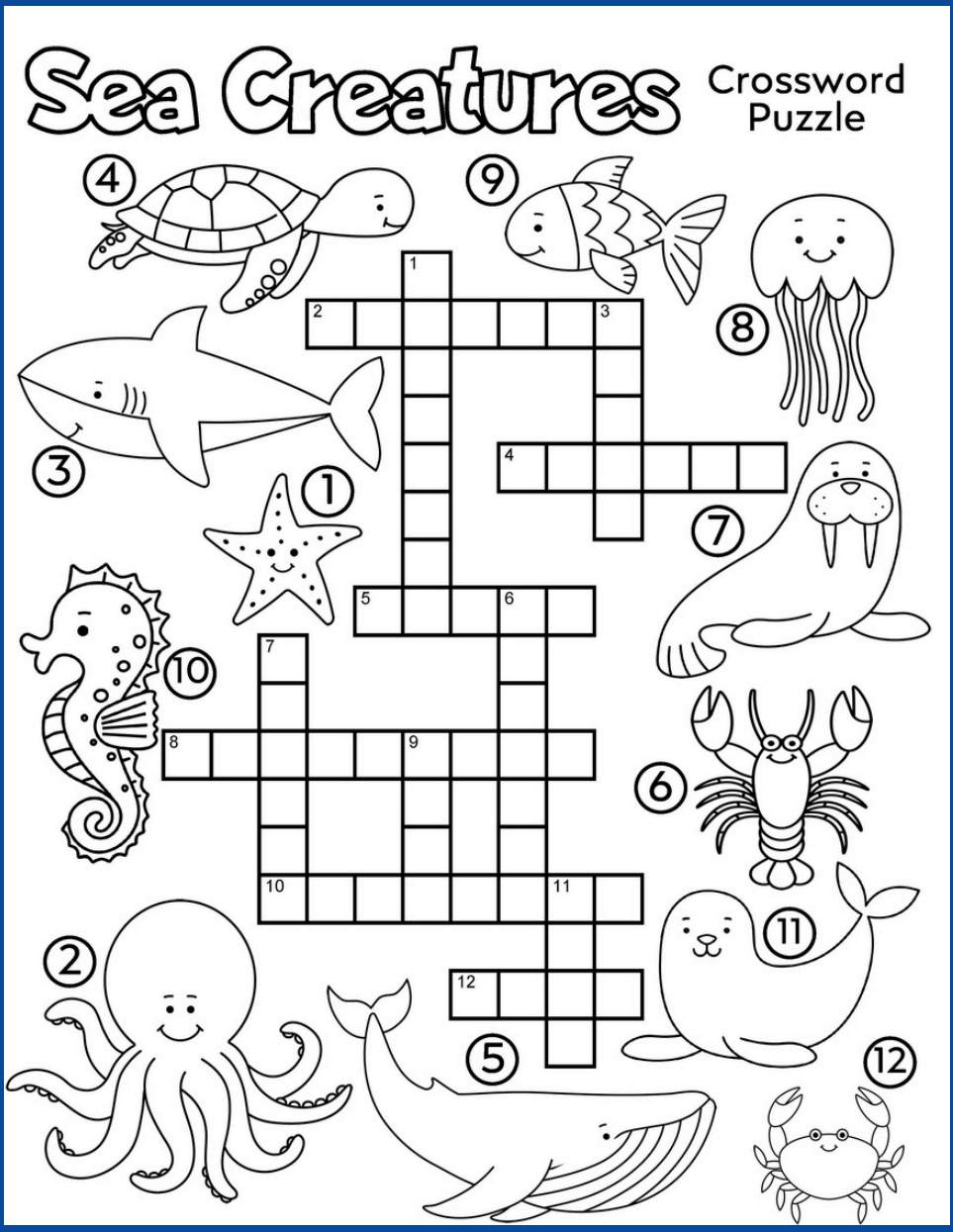
TIRED

HUNGRY

THIRSTY

SCARED

Sea Creatures Crossword Puzzle





Ocean Adventure Word Search

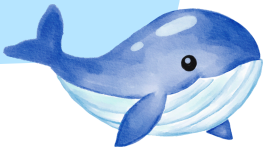


Solve the puzzle by finding all the hidden words

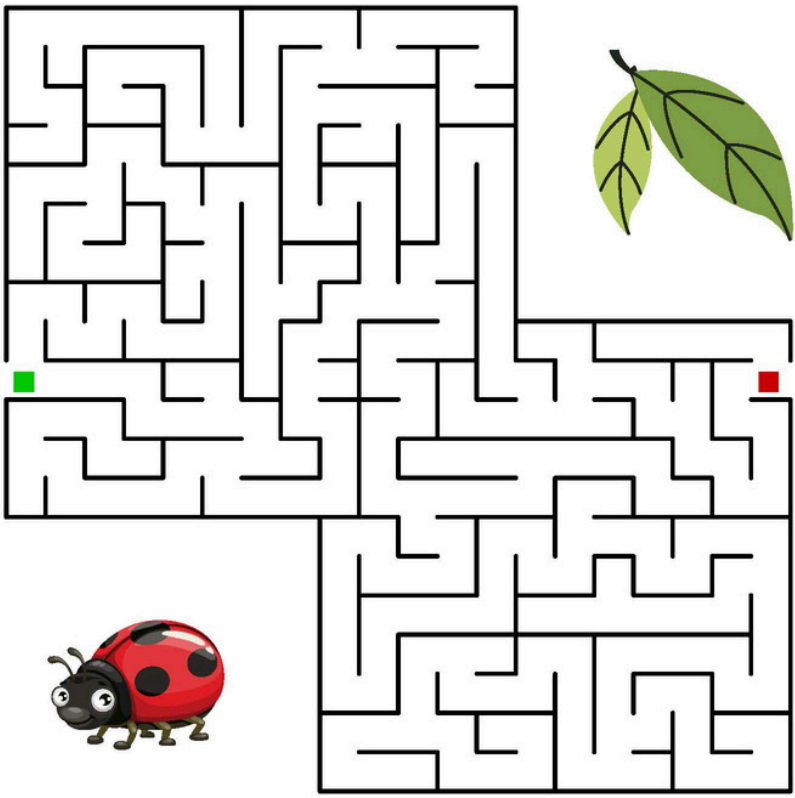
S J F D S S T C Q Z X M G N Q Y J M
N X M J N A W Q N N Q L R A D U C B
G J Q M F G X S U P O T C O P N S P
X T S N W K W L B H Y I H T Y E T A
L P L A N K T O N O L D L A A T A J
Y H Q J H S I F Y L L E J S K G R P
S S L E F I F W H A L E H G N Q F U
Q E N I R A M B U S M E L G N Z I W
W A A N S X J Z K V L C H E M F S X
A H L G W N I H P L O D B A I J H V
B O Y N U C E Q T R U H S T C L S R
B R J X W L L I A D S K I L U L H W
Y S R F S Z L L T S O L N O O G A L
T E Y K N C L O W N F I S H Y V R R
M O C O F N U X L R A G O Y E X K F

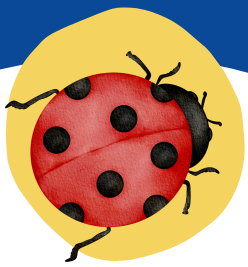
WHALE	SHARK	CORAL	DOLPHIN
SEASHELL	JELLYFISH	OCTOPUS	STARFISH
CLOWNFISH	SEAGULL	TIDE	LAGOON
SEAHORSE	PLANKTON	WAVE	SUBMARINE





ladybug maze



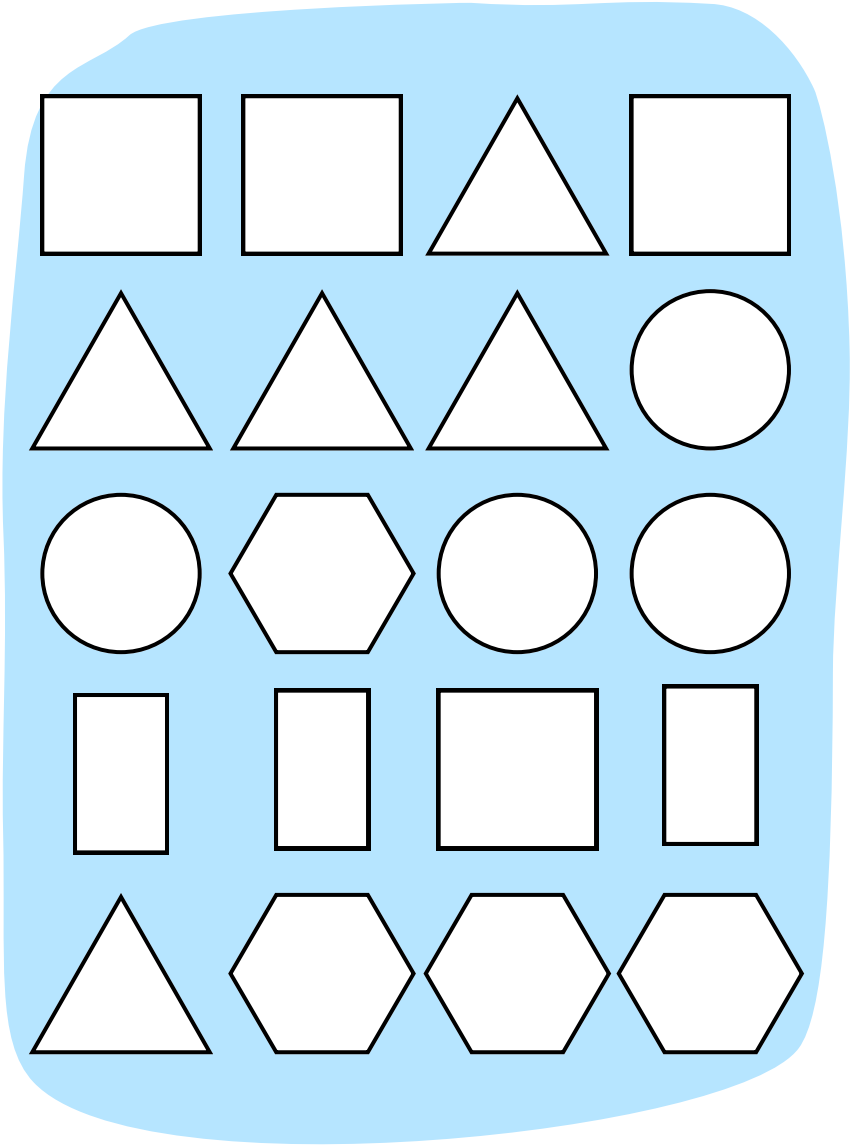


Vehicles

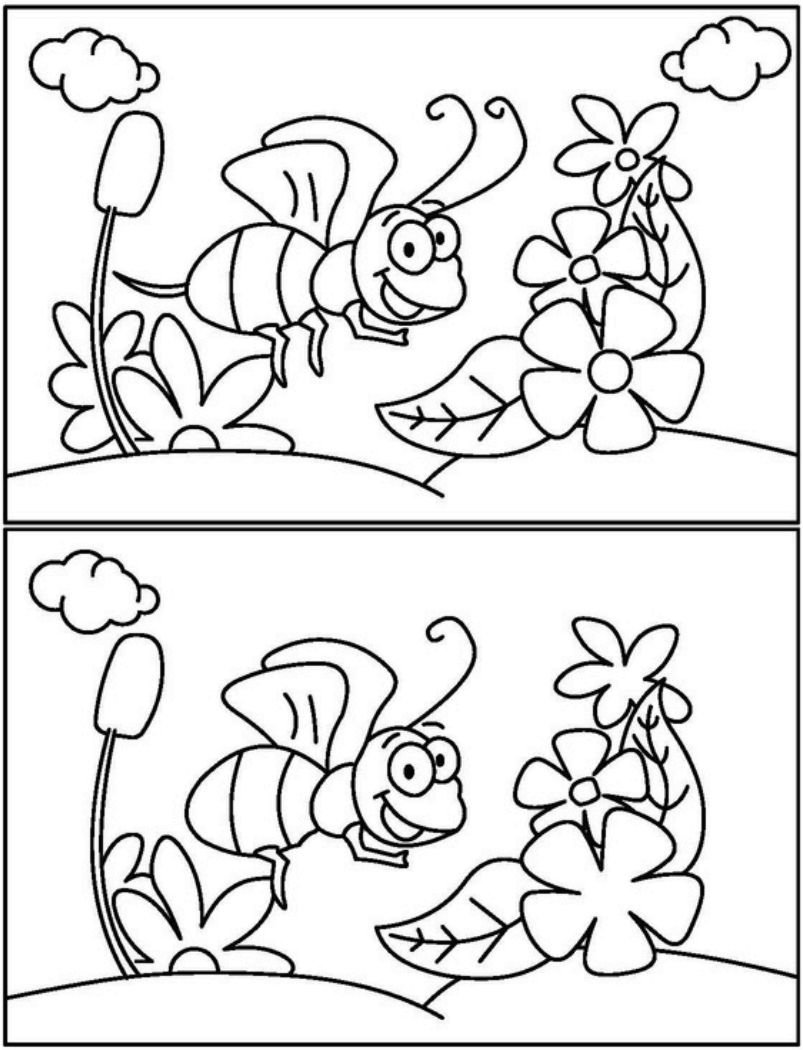
1.Bus 2.Ambulance
3.Motorcycle
4.Bicycle 5.Train
6.Car 7.Crane
8.Tractor 9.Truck
10.Taxi

Which one is different?

Colour the different shape in each group!



Find the 7 differences



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L4LIFE ACTIVITY BOOK FOR CHILDREN







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